

## CONFIRMATION SLIP

I will attend / send \_\_\_\_\_ personnel to attend the Basic Occupational Safety and Health Training (BOSH) for Supervisors. I understand that I have to pay Php **4,500.00** registration fee per participant for the training.

You may fax this confirmation slip to DOLE Regional Office IX at (062) 991-2673.

NAME IN PRINT:

---

**BASIC OCCUPATIONAL SAFETY AND HEALTH (BOSH) TRAINING COURSE**  
February 28 to March 4, 2011  
Cecille's Pension House and Catering Services  
Tumaga Porcentro, Zamboanga City

PRE – REGISTRATION FORM ( *this form may be reproduced* )

FULL NAME: Dr. / Engr. / Mr. / Ms.

\_\_\_\_\_  
LAST

\_\_\_\_\_  
FIRST

\_\_\_\_\_  
MIDDLE I.

Name of Company: \_\_\_\_\_

Address : \_\_\_\_\_

Position/Designation: \_\_\_\_\_

Mailing Address:

[     ] Office \_\_\_\_\_

[     ] Home \_\_\_\_\_

EMAIL: \_\_\_\_\_

FAX: \_\_\_\_\_

MOBILE: \_\_\_\_\_

**Our Provincial and City Offices may be reached for more information:**

email ad: [dole9record@yahoo.com](mailto:dole9record@yahoo.com)

**DOLE Regional Office, 3<sup>rd</sup> Floor, QNS Bldg., Vet. Ave. Ext., Zambo. City**

Tel # 991-2673, Cel # 09177244334;

**Zamboanga City Field Office, 3<sup>rd</sup> Floor, QNS Bldg., Vet. Ave. Ext., Zambo. City**

Tel # 991-3376, Cel # 09177244339;

**Zamboanga Sibugay Provincial Office, 3<sup>rd</sup> Floor Simon Bldg., Ipil, Zamboanga Sibugay Province**

Tel # (062) 333-22-67, Cel # 09177244332

**Zamboanga Del Norte Provincial Office, 2<sup>nd</sup> Flr., DBP Bldg., Turno, Dipolog City**

Tel # (065) 212-23-94, Cel # 09173003653

**Zamboanga Del Sur Provincial Office, 2<sup>nd</sup> Flr., Tingcang Bldg., Alanao St., Pagadian City**

Tel # (062) 214-24-73, Cel # 09177244337

**Isabela City Field Office, I. Magno St. cor. Strong Blvd., Isabela City, Basilan Province**

Tel # (062) 200-3666, Cel # 09177244338.

# Basic Occupational Safety & Health (BOSH) Training for Supervisor

Cecille's Pension House and Catering Services  
Tumaga, Porcentro, Zamboanga City  
February 28- March 4, 2011

## Tentative Program of Activities

Day 1 (Monday), February 28, 2011	Day 4 (Thursday), March 3, 2011
8:00 Registration	8:00 Review/Defreezing
Opening Ceremony	<b>Module 4: occupational Health</b>
Introduction of Participants/Training Team	Physical, Chemical, Biological, Ergonomic
Expectation Check/Course Review	Hazards and their Potential Health Effects
Training Expectations/House Rule	Biological Hazards and their Health Effects
11:00 OSH Situationer/Overview	Biological Monitoring and Ergonomics
<b>Module 1: Introduction to OSH</b>	Just Thinking About Occupational Safety/
1:00 Unsafe/Unhealthy Acts/Conditions (Exercise)	Environment/Health in my workplace
<b>Module 2: occupational Safety</b>	<b>Module 5: Response to oSH Issues/ConCerns Heal tH</b>
3:00 Housekeeping	1:00 Development/Improvement of OSH
4:00 Materials Handling & Storage	Programs at Establishment Level and GKK Framework
Day 2 (Tuesday), March 1, 2011	OSH System in the Philippines
8:00 Defreezing/Review/Preview	Employee Compensation Commission
Fire Safety	Day 5 (Friday), March 4, 2011
Electrical Safety	<b>Module 6: Integration activities</b>
1:00 Machine Safety	8:00 Overview of Plant Visit
Personal Protective Equipment	Plant Visit
Day 3 (Wednesday), March 2, 2011	1:00 Workshop/ Plant Visit Findings
8:00 Review/Defreezing	Presentation/Critiquing of Plant Visit Findings
Safety/Inspection	Findings
Accident Investigation	3:00 Break
Just Thinking About Occupational Safety	<b>Module 7: Re-Entry Planning</b>
<b>Module 3: OccupatiOnal EnvironmEnt</b>	Re-Entry Planning/Workshop
1:00 Industrial Hygiene	Presentation of Selected Re-Entry Plans
Control Measures	Evaluation
	4:30 Closing Ceremony